

## Step therapy – Premium

Utilization management updates  
Jan. 1, 2023



Most medical conditions have many medication options. Although their clinical effectiveness may be the same, the costs can be very different. The step therapy program gives you the treatment you need, usually at a lower cost.

**This is a list of medications that have been added to the step therapy program.**

### **Here's how it works:**

With this program, you must try a step 1 medication first, before a step 2 medication may be covered. When you bring a prescription to your pharmacy, our system will check the medication for step therapy requirements. If your pharmacy claims show you have tried a step 1 medication in the recent past, the step 2 medication may be filled. If not, the pharmacist will contact your doctor to explain next steps.

If you see your medication listed, we encourage you to talk with your doctor about your treatment and medication options. If you have questions about the step therapy program, call the phone number on your member ID card.

## Step therapy medications

The following medications have been added to a step therapy program. This means you must try a lower-cost medication (step 1) before a higher-cost medication (step 2) is covered. Therapeutic use Step 1 medication Step 2 medication

Condition	Step 1	Step 2
<b>Anti-infectives</b>		
Bacterial vaginosis agents	One of the following generics: metronidazole 0.75% vaginal gel, clindamycin 2% vaginal cream, metronidazole tablet, tinidazole tablet	<b>SOLOSEC</b>
	One of the following generics: metronidazole 0.75% vaginal gel, clindamycin 2% vaginal cream	<b>VANDAZOLE</b>
Oral brand tetracyclines	Any one of the following generics: doxycycline, minocycline	<b>VIBRAMYCIN</b>
	Both of the following generics: doxycycline AND minocycline	<b>SEYSARA</b>
Otic agents	ofloxacin	<b>CETRAXAL</b> , ciprofloxacin otic
<b>Cardiovascular</b>		
Renin-angiotensin system agents	Any one of the following generics: amlodipine-benazepril, amlodipine-olmesartan, benazepril, benazepril-HCTZ, candesartan, candesartan-HCTZ, captopril, captopril-HCTZ, enalapril, enalapril-HCTZ, fosinopril, fosinopril-HCTZ, irbesartan, irbesartan-HCTZ, lisinopril, lisinopril-HCTZ, losartan, losartan-HCTZ, moexipril, olmesartan, olmesartan-HCTZ, olmesartan-amlodipine-HCTZ, perindopril, quinapril, quinapril-HCTZ, ramipril, telmisartan, telmisartan-HCTZ, trandolapril, trandolapril-verapamil	<b>EDARBI, EDARBYCLOR, TEKTRUNA HCT</b>
Fibric acid derivatives	Any one of the following generics: fenofibric cap, fenofibrate tab, fenofibrate micronized cap, fenofibric acid tab AND <b>LIPOFEN</b>	<b>FENOGLIDE, FIBRICOR, TRIGLIDE</b>
Statins	Any one of the following generics: atorvastatin, fluvastatin, fluvastatin ER, lovastatin, pravastatin, rosuvastatin, simvastatin	<b>ALTOPREV, EZALLOR, FLOLIPID</b>
<b>Central nervous system</b>		
ADHD agents	Any one of the following generics or preferred brands: amphetamine-dextroamphetamine IR, dexamethylphenidate IR or ER, dextroamphetamine IR or SR, methylphenidate IR or ER, <b>VYVANSE</b>	<b>AZSTARYS<sup>2</sup>, JORNAY PM<sup>2</sup></b>
	Any three of the following generics or preferred brands: amphetamine-dextroamphetamine IR, dexamethylphenidate IR or ER, dextroamphetamine IR or SR, methylphenidate IR or ER, <b>VYVANSE</b>	<b>ADZENYS ER<sup>2</sup>, AMPHETAMI ER<sup>2</sup>, APTENSIO XR<sup>2</sup>, DESOXYN<sup>2</sup>, DEXEDRINE<sup>2</sup>, METHYLIN<sup>2</sup> solution, PROCENTRA<sup>2</sup>, RELEXIX<sup>2</sup></b>
	Any two of the following generics: atomoxetine, guanfacine, clonidine	<b>KAPVAY</b>
Anticonvulsants <sup>3</sup>	Any one of the following generics: lamotrigine IR, levetiracetam IR or ER, oxcarbazepine IR, topiramate IR	<b>BRIVIACT, XCOPRI</b>
	topiramate IR	<b>TROKENDI XR</b>
Antidepressants <sup>3</sup>	bupropion ER	<b>APLENZIN<sup>2</sup></b>
	Any two of the following generics: desvenlafaxine succinate ER, duloxetine, venlafaxine, venlafaxine ER	<b>FETZIMA<sup>2</sup></b>
	Any two of the following generics: bupropion, citalopram, desvenlafaxine succinate ER, duloxetine, escitalopram, fluoxetine, mirtazapine, paroxetine, paroxetine ER, sertraline, venlafaxine, venlafaxine ER	<b>DESVENLAFAXINE ER<sup>2</sup>, PAXIL suspension, TRINTELLIX<sup>2</sup></b>
	Any one of the following generics: duloxetine	<b>DRIZALMA</b>
Antidepressants	vilazodone	<b>VIIBRYD<sup>2</sup></b>
Antipsychotics <sup>3</sup>	Any two of the following generics: asenapine, aripiprazole, clozapine, olanzapine, paliperidone, quetiapine IR or ER, risperidone, ziprasidone	<b>CAPLYTA<sup>2</sup>, FANAPT<sup>2</sup></b>
	Any one of the following brands: Invega Sustenna or Invega Trinza	<b>INVEGA HAFYERA</b>
Insomnia agents	Any one of the following generics: eszopiclone, temazepam, zaleplon, zolpidem, zolpidem CR	<b>BELSOMRA<sup>2</sup>, DAYVIGO<sup>2</sup></b>
	Any one of the following generics: zolpidem, zolpidem CR	<b>EDLUAR<sup>2</sup>, ZOLPIMIST<sup>2</sup></b>
Migraine agents	Any two of the following generics: almotriptan, eletriptan, frovatriptan, naratriptan, rizatriptan, sumatriptan, zolmitriptan	sumatriptan-naproxen <sup>2</sup> , <b>ZOMIG NASAL<sup>2</sup></b>

**Bold type = Brand-name drug**

Plain type = Generic drug

Condition	Step 1	Step 2
Neurologic agents	<i>gabapentin</i> Any one of the following generics: <i>amitriptyline, cyclobenzaprine, duloxetine, gabapentin, pregabalin</i>	<b>GRALISE</b> <sup>2</sup> <i>pregabalin ER</i> <sup>2</sup> , <b>SAVELLA</b> <sup>2</sup>
Non-narcotic analgesics	Any two of the following generics: <i>celecoxib, diclofenac potassium tab, diclofenac sodium, diflunisal, etodolac, fenoprofen, flurbiprofen, ibuprofen, indomethacin, ketoprofen, ketorolac, meclufenamate, meloxicam, nabumetone, naproxen, oxaprozin, piroxicam, sulindac, tolmetin</i>	<i>diclofenac cap</i> , <b>INDOCIN suppository, INDOCIN suspension, INDOMETHACIN capsules, LOFENA, TIVORBEX, VIVLODEX</b>
Opioid withdrawal	<i>clonidine</i>	<b>LUCEMYRA</b> <sup>2</sup>
Parkinson's disease	Any one of the following generics: <i>pramipexole IR or ER, ropinirole IR or ER</i>	<b>NEUPRO</b>
	Any one of the following generics: <i>carbidopa-levodopa, carbidopa-levodopa CR</i>	<b>RYTARY</b>
	Both of the following generics: <i>rasagiline, selegiline</i>	<b>XADAGO</b> <sup>2</sup>
	<i>entacapone</i>	<b>ONGENTYS</b>
<b>Dermatology</b>		
Rosacea	Any one of the following generics or preferred brands: <i>azelaic acid gel</i> , <b>FINACEA FOAM</b> , <b>SOOLANTRA</b>	<b>FINACEA GEL, ZILXI</b>
Skin cancer agents	Any one of the following generics: <i>fluorouracil, imiquimod 5%</i>	<i>diclofenac gel 3%</i> <sup>2</sup> , <b>PICATO</b>
	Both of the following generics: <i>fluorouracil, imiquimod 5%</i>	<b>KLISYRI</b>
	<i>imiquimod 5%</i>	<i>imiquimod 3.75%</i>
Topical immuno-modulators	<i>tacrolimus ointment</i>	<i>pimecrolimus</i> <sup>2</sup> , <b>PROTOPIC</b> <sup>2</sup> ointment
	Any one of the following generics: <i>alclometasone, amcinonide, betamethasone, clobetasol, clocortolone, desonide, desoximetasone, diflorasone, fluocinolone, fluocinonide, fluticasone, halobetasol, hydrocortisone, mometasone, prednicarbate, triamcinolone, pramoxine-HC, calcipotriene-betamethasone, tacrolimus, pimecrolimus</i>	<b>EUCRISA</b>
	Any three of the following generics or brands: <i>clocortolone 0.1% cream, fluocinolone acetonide 0.025% ointment, flurandrenolide 0.05% ointment, fluticasone propionate 0.05% cream, hydrocortisone valerate 0.2% ointment, mometasone furoate 0.1% cream/lotion/solution, triamcinolone 0.1% cream/ointment, triamcinolone 0.05% ointment, triamcinolone aerosol spray, calcipotriene-betamethasone suspension</i> , <b>ENSTILAR</b> , <b>TACLONEX suspension</b>	<b>SERNIVO</b>
<b>Endocrinology</b>		
Diabetic agents	Any one of the following generics: <i>metformin, metformin ER, glipizide-metformin, glyburide-metformin, pioglitazone-metformin</i>	<b>AVANDIA, CYCLOSET, RIOMET, RIOMET ER</b>
DPP4 inhibitors	Any one of the following generics: <i>metformin, metformin ER, glipizide-metformin, glyburide-metformin, pioglitazone-metformin</i>	<b>JANUMET, JANUMET XR, JANUVIA, JENTADUETO, JENTADUETO XR, TRADJENTA</b>
GLP-1 agonists	Any one of the following generics: <i>metformin, metformin ER, glipizide-metformin, glyburide-metformin, pioglitazone-metformin</i>	<b>SOLIQUA</b> <sup>2</sup> , <b>XULTOPHY</b> <sup>2</sup>
SGLT2 inhibitors	Any one of the following generics or brands: <i>metformin, metformin ER, glipizide-metformin, glyburide-metformin, pioglitazone-metformin</i> OR any one of the following generics: <i>captopril, enalapril, lisinopril, quinapril, ramipril, fosinopril, trandolapril, perindopril, candesartan, valsartan, losartan, bisoprolol, carvedilol IR, carvedilol ER, metoprolol succinate, spironolactone, eplerenone</i> , <b>ENTRESTO</b>	<b>FARXIGA, JARDIANCE, XIGDUO XR</b>
	Any one of the following generics: <i>metformin, metformin ER, glipizide-metformin, glyburide-metformin, pioglitazone-metformin</i>	<b>GLYXAMBI, SYNJARDY, SYNJARDY XR, TRIJARDY XR</b>
<b>Gastroenterology</b>		
Constipation agents	Any one of the following generics: <i>lactulose, polyethylene glycol</i>	<b>LINZESS</b> <sup>2</sup> , <b>SYMPROIC</b> <sup>2</sup>
	Any one of the following generics: <i>lactulose, polyethylene glycol</i> AND <b>LINZESS</b> <sup>1</sup>	<b>MOTEGRITY</b> <sup>2</sup>
Proton pump inhibitors	Any two of the following generics or preferred brands: <i>esomeprazole, omeprazole, lansoprazole, pantoprazole, rabeprazole</i> , <b>DEXILANT</b>	<b>ACIPHEX SPRINKLE</b> <sup>2</sup> , <b>ESOMEPRAZOLE STRONTIUM</b> <sup>2</sup> , <b>FIRST-LANSOPRAZOLE, FIRST-OMEPRAZOLE, PREVACID, PRILOSEC PACKET</b> <sup>2</sup> , <b>PROTONIX PACKET</b> <sup>2</sup>

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Condition	Step 1	Step 2
<b>Hormone modifiers</b>		
Thyroid replacement	levothyroxine	ARMOUR THYROID, NATURE-THROID, WESTHROID, WP THYROID
<b>Miscellaneous</b>		
Antigout agents	allopurinol	ULORIC, febuxostat
Iron replacement	Any one of the following generics: ferrous sulfate, ferrous gluconate, ferrous fumarate	FERAHEME, ferumoxytol, INJECTAFER, MONOFERRIC
Phosphate Binders	Any two of the following generics: calcium carbonate, calcium acetate, lanthanum carbonate, sevelamer carbonate, sevelamer HCl	FOSRENOL, PHOSLYRA
<b>Obstetrics and gynecology</b>		
Contraceptives	Any one of the following generics: Gemmily, Merzee, norethindrone-ethinyl estradiol-ferrous fumarate	TAYTULLA
Hormone replacement	estradiol patch	ALORA, MENOSTAR, MINIVELLE
	Any one of the following preferred brands: <b>IMVEXXY, OSPHENA, PREMARIN VAGINAL CREAM</b>	FEMRING <sup>2</sup>
	Any two of the following preferred brands: <b>IMVEXXY, OSPHENA, PREMARIN VAGINAL CREAM</b>	INTRAROSA
<b>Oncology</b>		
Antifolic Agent <sup>3</sup>	pemetrexed	ALIMTA, PEMFEXY
Chemotherapy rescue agents	levoleucovorin	KHAPZORY
<b>Ophthalmology</b>		
Antiglaucoma agents	All of the following generics and preferred brands: latanoprost, travoprost, <b>LUMIGAN</b>	XELPROS <sup>2</sup>
Ophthalmic antihistamines	Both of the following generics: azelastine AND olopatadine	bepotastine
<b>Respiratory</b>		
Epinephrine auto injectors	epinephrine	EPIPEN
Leukotriene modifiers	Any one of the following generics: montelukast, zafirlukast	zileuton ER, ZYFLO
Long-acting bronchodilators	Any two of the following preferred brands: <b>ADVAIR, BREO ELLIPTA, SEREVENT, STRIVERDI RESPIMAT, SYMBICORT</b>	ARCAPTA
<b>Urology</b>		
BPH agents	Any two of the following generics: alfuzosin, doxazosin, silodosin, tamsulosin, terazosin	CARDURA XL
Overactive bladder agents	Any two of the following generics or preferred brand: fesoterodine, oxybutynin IR/ER, tolterodine IR/ER, trospium IR/ER, solifenacin, darifenacin ER, <b>MYRBETRIQ</b>	GELNIQUE, OXYTROL <sup>2</sup>

Step therapy requirements are effective as of Jan. 1, 2023. The list of step therapy medications is subject to change without notice. Step therapy requirements may vary by benefit plan. Additional clinical programs, including quantity limits and prior authorization, may exist for the above medications which may affect your prescription drug coverage.

<sup>1</sup> These agents are also subject to additional step requirements as indicated in table.

<sup>2</sup> Quantity limits may also apply. Please refer to the Premium Quantity Limits document.

<sup>3</sup> Applies to new starts only



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